

Leflunomide Winthrop

(leflunomide)

Important Safety Information for Prescribers

Leflunomide Winthrop (leflunomide) is a 'disease-modifying antirheumatic drug' (DMARD) indicated for the treatment of adult patients with active rheumatoid arthritis or active psoriatic arthritis.

As part of the European risk management plan for Leflunomide Winthrop, the Marketing Authorisation Holder has developed an educational program, including this leaflet for physicians who prescribe Leflunomide Winthrop.

This educational material is intended to minimise the most important risks identified in the European risk management plan for Leflunomide Winthrop.

The most important risks you should be aware of when prescribing Leflunomide Winthrop include:

- Risk of hepatotoxicity, including very rare cases of severe liver injury, which may be fatal
- Risk of haematotoxicity, including thrombocytopenia and rare cases of pancytopenia, leucopenia, and very rare cases of agranulocytosis
- Risks of infections including rare cases of severe uncontrolled infections (sepsis), which may be fatal
- Risk of serious birth defects when administered during pregnancy

Counselling of patients, careful monitoring and the following recommendations regarding the wash-out procedure are required to minimise these risks.

Complete prescribing information is provided in the currently approved Summary of Product Characteristics for Leflunomide Winthrop (see attached). Please take the time to read this.

COUNSELLING OF PATIENTS

Before starting treatment with Leflunomide Winthrop, please ensure that patients have been counselled on the important risks associated with Leflunomide Winthrop therapy and appropriate precautions to minimise these risks. To this aim, a specific Patient Leaflet has been developed by the Marketing Authorisation Holder to accompany this safety information sheet for prescribers.

ROUTINE BLOOD MONITORING

Due to the risk of hepato- and haematotoxicity, which in rare cases can be severe or even fatal (see Tables below), careful monitoring of liver **enzymes** and blood cell count before and during treatment with Leflunomide Winthrop is essential.

More information about the occurrence of these adverse effects is available in the attached Summary of Product Characteristics.

- Most cases of severe liver injury occur within 6 months of therapy and in a setting of multiple risk factors for hepatotoxicity (liver disease, other hepatotoxins).
- Leflunomide **Winthrop** is contraindicated in patients with impairment of liver function
- Patients should be advised not to consume alcohol during treatment with Leflunomide **Winthrop**
- Leflunomide may act synergistically or additively in combination with other hepatotoxic or haematotoxic DMARDs, for example methotrexate. Concomitant treatment with other DMARDs is not advisable.
- In clinical trials, leflunomide was associated with generally reversible elevations of liver enzymes, primarily ALT and AST, in a significant number of patients. Marked elevation (>3-fold ULN) occurred infrequently and reversed with dose reduction or discontinuation of treatment
- In patients with pre-existing anaemia, leucopenia, and/or thrombocytopenia as well as in patients with impaired bone marrow function or those at risk of bone marrow suppression, the risk of haematological reactions is increased. In case of severe haematological reactions, including pancytopenia, Leflunomide **Winthrop** and any concomitant myelosuppressive treatment must be discontinued and a leflunomide washout procedure initiated.

Switching to other treatments

As leflunomide persists in the body for a long time, switching to another DMARD (e.g. methotrexate) without performing the washout procedure (see below) may lead to additive toxicity for a long time after the switching. Similarly, recent treatment with hepatotoxic or haematotoxic medicines (e.g. methotrexate) may result in increased side effects; therefore, the benefit/risk of leflunomide treatment has to be carefully assessed and close monitoring is recommended in the initial phase after switching.

Liver enzyme monitoring

LABORATORY TESTS	FREQUENCY
At minimum ALT (SGPT) must be performed	Before initiating treatment and every 2 weeks during the first 6 months of treatment
	Then, if stable, every 8 weeks thereafter
Confirmed ALT Elevations	Dose Adjustment/Discontinuation
Between 2- and 3-fold ULN*	Dose reduction from 20 mg/day to 10 mg/day may allow for continued administration of Leflunomide Winthrop under weekly monitoring
2- to 3-fold ULN persists despite dose reduction - Or - >3-fold ULN is present	Discontinue Leflunomide Winthrop Initiate a wash-out procedure (see section 'Wash-out procedure') and monitor liver enzymes until normalisation

* ULN: Upper Limit of Normal

Haematological monitoring

LABORATORY TESTS	FREQUENCY
A complete blood cell count, including differential white blood cell count and platelets	Before initiating treatment and every 2 weeks during the first 6 months of treatment
	Then, every 8 weeks thereafter
Discontinuation	
Severe haematological reactions, including pancytopenia	Discontinue Leflunomide Winthrop and any concomitant myelosuppressive treatment Initiate a wash-out procedure (see section 'Wash-out procedure')

INFECTIONS

Leflunomide Winthrop has immunosuppressive properties, which may cause patients to be more susceptible to infections, including opportunistic infections, and may rarely cause severe uncontrolled infections (e.g. sepsis) as well as severe infections such as Progressive Multifocal Leukoencephalopathy (PML). Infections may be more severe in nature and may, therefore, require early and vigorous treatment.

Patients with tuberculin reactivity must be carefully monitored because of the risk of reactivation of tuberculosis.

In the event that severe, uncontrolled infections occur, it may be necessary to interrupt leflunomide treatment and administer a wash-out procedure (see section 'Wash-out procedure').

Leflunomide Winthrop is contraindicated in:

- Patients with severe immunodeficiency states, e.g. AIDS
- Patients with serious infections

PREGNANCY

Please inform women of childbearing potential, women who wish to become pregnant and men wishing to father a child, about the risk of birth defects with Leflunomide Winthrop and the necessity for reliable contraception. Please also discuss the measures to follow in case of unintended pregnancy during treatment and after treatment discontinuation. This information should be given before treatment, regularly during treatment and after treatment has been discontinued.

Risk of birth defects

Based on animal studies, the active metabolite of Leflunomide Winthrop A771726 is suspected to cause serious birth defects when administered during pregnancy.

Pregnancy must be excluded, where appropriate, before the start of the treatment with leflunomide. Leflunomide is contraindicated in pregnant women; and women of childbearing potential who are not using a reliable method of contraception. Pregnancy must be avoided during leflunomide treatment and prior to the completion of the drug elimination procedure (see "Wash-out procedure") after leflunomide treatment. Passive elimination of leflunomide resulting in concentrations of the active metabolite which are considered to present negligible risk to the unborn child may take up to 2 years.

Women

STATUS	RECOMMENDATIONS
Women of childbearing potential	Effective contraception required during treatment and up to 2-years after treatment discontinuation
Any delay in onset of menses Or Any other reason to suspect pregnancy	Pregnancy testing immediately If confirmed pregnancy: <ul style="list-style-type: none"> ▪ Discontinue Leflunomide Winthrop ▪ Initiate a wash-out procedure (see below) ▪ Perform A771726 plasma level analysis (see below) ▪ Discuss the risks to the pregnancy with the patient
Women wishing to become pregnant	<ul style="list-style-type: none"> ▪ Discuss the risks to the pregnancy with the patient, and inform her of the required waiting period of 2 years after treatment discontinuation before she may become pregnant. If this waiting period under reliable contraception is considered impractical, prophylactic institution of a wash-out procedure may be advisable.

- Initiate the wash-out procedure (see below)
- Perform A771726 plasma level analysis (see below)

○ Wash-out procedure

Start the wash-out procedure (see section 'Wash-out procedure'). Both colestyramine and activated powdered charcoal can modify the absorption of oestrogens and progestogens, therefore use of contraceptive methods other than oral contraceptives are recommended during the entire wash-out period.

If the wash-out procedure can not be performed, a 2-year waiting period under reliable contraception is required after treatment discontinuation before becoming pregnant.

○ Testing at the end of the wash-out period

Two separate A771726 plasma level assays at an interval of at least 14 days must be performed.

- If the 2 test results are < 0.02 mg/L (0.02 µg/mL), no further procedures are necessary. A waiting period of 6 weeks between the first result < 0.02 mg/L and conception is required.
- If results of either test are > 0.02 mg/L (0.02 µg/mL), the wash-out procedure must be performed again, with 2 further A771726 plasma level assays at 14 days of interval.

A waiting period of 6 weeks is required between the first occurrence of a plasma A771726 concentration below 0.02 mg/L and conception.

Men

As male-mediated foetal toxicity is possible, reliable contraception during treatment with Leflunomide Winthrop should be ensured.

For men wishing to father a child, the same wash-out procedure as recommended for women should be considered.

A waiting period of 12 weeks is required between the first occurrence of a plasma A771726 concentration below 0.02 mg/L and conception.

Ad hoc advisory service

An ad hoc advisory service is available for providing information on leflunomide plasma level testing for patients treated with Leflunomide Winthrop. Please contact Zentiva UK Medical Information to obtain further information concerning this service [01483 505515].

WASH-OUT PROCEDURE

Plasma concentrations of the active metabolite of leflunomide, A771726 can be expected to be above 0.02 mg/L for a prolonged period. The concentration may be expected to decrease below 0.02 mg/L about 2 years after stopping treatment with Leflunomide Winthrop.

The wash-out procedure described in the table below is recommended to accelerate A771726 elimination, when it needs to be cleared rapidly from the body.

EVENTS WHERE WASH-OUT PROCEDURE IS RECOMMENDED	WASH-OUT PROCEDURE PROTOCOL
Severe haematological and hepatic reactions	After stopping treatment with Leflunomide Winthrop: <ul style="list-style-type: none"> • Colestyramine 8 g 3 times daily (24 g per day) for 11 days
Severe uncontrolled infections (e.g sepsis)	

Pregnancy – planned or not	<p><i>Colestyramine given orally at a dose of 8 g 3 times a day for 24 hours to 3 healthy volunteers decreased plasma levels of the active metabolite A771726 by approximately 40% in 24 hours and by 49% to 65% in 48 hours.</i></p>
<p>Other events leading to a wash-out procedure:</p> <ul style="list-style-type: none"> • Skin and/or mucosal reactions (e.g. ulcerative stomatitis), with suspicion of severe reactions, such as Stevens Johnson syndrome or toxic epidermal necrolysis • After Leflunomide Winthrop discontinuation and a switch to another DMARD (e.g. methotrexate) which may increase the possibility of additive risk • For any other reason requiring quick elimination of the active metabolite of Leflunomide Winthrop from the body 	<p style="text-align: center;">Or</p> <ul style="list-style-type: none"> • 50 g of activated powdered charcoal 4 times daily (200 g per day) for 11 days <p><i>Administration of activated charcoal (powder made into a suspension) orally or via nasogastric tube (50 g every 6 hours for 24 hours) has been shown to reduce plasma concentrations of the active metabolite A771726 by 37% in 24 hours and by 48% in 48 hours.</i></p> <p>The duration of the wash-out protocol may be modified depending on clinical or laboratory variables.</p>

LEFLUNOMIDE WINTHROP SUMMARY OF PRODUCT CHARACTERISTICS

1. NAME OF THE MEDICINAL PRODUCT

Leflunomide Winthrop 10 mg film-coated tablets
Leflunomide Winthrop 20 mg film-coated tablets

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 10 mg tablet contains 10 mg of leflunomide.
Each 20 mg tablet contains 20 mg of leflunomide.

Excipients:

Each 10 mg film-coated tablet contains 78 mg of lactose monohydrate.
Each 20 mg film-coated tablet contains 72 mg of lactose monohydrate.

For a full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Film-coated tablet.

Leflunomide Winthrop 10mg film-coated tablets are white to almost white, round film-coated tablet, imprinted with ZBN on one side.

Leflunomide Winthrop 20mg film-coated tablets are yellowish to ochre and triangular film-coated tablet, imprinted with ZBO on one side.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Leflunomide is indicated for the treatment of adult patients with:

- active rheumatoid arthritis as a "disease-modifying antirheumatic drug" (DMARD),
- active psoriatic arthritis.

Recent or concurrent treatment with hepatotoxic or haematotoxic DMARDs (e.g. methotrexate) may result in an increased risk of serious adverse reactions; therefore, the initiation of leflunomide treatment has to be carefully considered regarding these benefit/risk aspects.

Moreover, switching from leflunomide to another DMARD without following the washout procedure (see section 4.4) may also increase the risk of serious adverse reactions even for a long time after the switching.

4.2 Posology and method of administration

The treatment should be initiated and supervised by specialists experienced in the treatment of rheumatoid arthritis and psoriatic arthritis.

Alanine aminotransferase (ALT) or serum glutamopyruvate transferase (SGPT) and a complete blood cell count, including a differential white blood cell count and a platelet count, must be checked simultaneously and with the same frequency:

- before initiation of leflunomide,
- every two weeks during the first six months of treatment, and
- every 8 weeks thereafter (see section 4.4).

Posology

Leflunomide therapy is started with a loading dose of 100 mg once daily for 3 days.

- The recommended maintenance dose for rheumatoid arthritis is leflunomide 10 mg to 20 mg once daily. Patients may be started on leflunomide 10 mg or 20 mg depending on the severity (activity) of the disease.
- The recommended maintenance dose for patients with psoriatic arthritis is 20 mg once daily (see section 5.1).

The therapeutic effect usually starts after 4 to 6 weeks and may further improve up to 4 to 6 months.

There is no dose adjustment recommended in patients with mild renal insufficiency.

No dosage adjustment is required in patients above 65 years of age.

Paediatric population

Leflunomide Winthrop is not recommended for use in patients below 18 years since efficacy and safety in juvenile rheumatoid arthritis (JRA) have not been established (see sections 5.1 and 5.2).

Administration

Leflunomide Winthrop tablets should be swallowed whole with sufficient amounts of liquid. The extent of leflunomide absorption is not affected if it is taken with food.

4.3 Contraindications

- Hypersensitivity to the active substance (especially previous Stevens-Johnson syndrome, toxic epidermal necrolysis, erythema multiforme) or to any of the excipients.
- Patients with impairment of liver function.
- Patients with severe immunodeficiency states, e.g. AIDS.
- Patients with significantly impaired bone marrow function or significant anaemia, leucopenia, neutropenia or thrombocytopenia due to causes other than rheumatoid or psoriatic arthritis.
- Patients with serious infections (see section 4.4).
- Patients with moderate to severe renal insufficiency, because insufficient clinical experience is available in this patient group.
- Patients with severe hypoproteinaemia, e.g. in nephrotic syndrome.
- Pregnant women, or women of childbearing potential who are not using reliable contraception during treatment with leflunomide and thereafter as long as the plasma levels of the active metabolite are above 0.02 mg/l (see section 4.6). Pregnancy must be excluded before start of treatment with leflunomide.
- Breast-feeding women (see section 4.6).

4.4 Special warnings and precautions for use

Concomitant administration of hepatotoxic or haematotoxic DMARDs (e.g. methotrexate) is not advisable.

The active metabolite of leflunomide, A771726, has a long half-life, usually 1 to 4 weeks. Serious undesirable effects might occur (e.g. hepatotoxicity, haematotoxicity or allergic reactions, see below), even if the treatment with leflunomide has been stopped. Therefore, when such toxicities occur or if for any other reason A771726 needs to be cleared rapidly from the body, the washout procedure has to be followed. The procedure may be repeated as clinically necessary.

For washout procedures and other recommended actions in case of desired or unintended pregnancy, see section 4.6.

Liver reactions

Rare cases of severe liver injury, including cases with fatal outcome, have been reported during treatment with leflunomide. Most of the cases occurred within the first 6 months of treatment. Co-treatment with other hepatotoxic medicinal products was frequently present. It is considered essential that monitoring recommendations are strictly adhered to.

ALT (SGPT) must be checked before initiation of leflunomide and at the same frequency as the complete blood cell count (every two weeks) during the first six months of treatment and every 8 weeks thereafter.

For ALT (SGPT) elevations between 2- and 3-fold the upper limit of normal, dose reduction from 20 mg to 10 mg may be considered and monitoring must be performed weekly. If ALT (SGPT) elevations of more than 2-fold the upper limit of normal persist or if ALT elevations of more than 3-fold the upper limit of normal are present, leflunomide must be discontinued and wash-out procedures initiated. It is recommended that monitoring of liver enzymes be maintained after discontinuation of leflunomide treatment, until liver enzyme levels have normalised.

Due to a potential for additive hepatotoxic effects, it is recommended that alcohol consumption be avoided during treatment with leflunomide.

Since the active metabolite of leflunomide, A771726, is highly protein bound and cleared via hepatic metabolism and biliary secretion, plasma levels of A771726 are expected to be increased in patients with hypoproteinaemia. Leflunomide Winthrop is contraindicated in patients with severe hypoproteinaemia or impairment of liver function (see section 4.3).

Haematological reactions

Together with ALT, a complete blood cell count, including differential white blood cell count and platelets, must be performed before start of leflunomide treatment as well as every 2 weeks for the first 6 months of treatment and every 8 weeks thereafter.

In patients with pre-existing anaemia, leucopenia, and/or thrombocytopenia as well as in patients with impaired bone marrow function or those at risk of bone marrow suppression, the risk of haematological disorders is increased. If such effects occur, a washout (see below) to reduce plasma levels of A771726 should be considered.

In case of severe haematological reactions, including pancytopenia, Leflunomide Winthrop and any concomitant myelosuppressive treatment must be discontinued and a leflunomide washout procedure initiated.

Combinations with other treatments

The use of leflunomide with antimalarials used in rheumatic diseases (e.g. chloroquine and hydroxychloroquine), intramuscular or oral gold, D-penicillamine, azathioprine and other immunosuppressive agents (with the exception of methotrexate, see section 4.5) has not been studied up to now. The risk associated with combination therapy, in particular in long-term treatment, is unknown. Since such therapy can lead to additive or even synergistic toxicity (e.g. hepato- or haematotoxicity), combination with another DMARD (e.g. methotrexate) is not advisable.

Caution is advised when leflunomide is given together with drugs, other than NSAIDs, metabolised by CYP2C9 such as phenytoin, warfarin, phenprocoumon and tolbutamide.

Switching to other treatments

As leflunomide has a long persistence in the body, a switching to another DMARD (e.g. methotrexate) without performing the washout procedure (see below) may raise the possibility of additive risks even for a long time after the switching (i.e. kinetic interaction, organ toxicity).

Similarly, recent treatment with hepatotoxic or haematotoxic medicinal products (e.g. methotrexate) may result in increased side effects; therefore, the initiation of leflunomide treatment has to carefully be considered regarding these benefit/risk aspects and closer monitoring is recommended in the initial phase after switching.

Skin reactions

In case of ulcerative stomatitis, leflunomide administration should be discontinued.

Very rare cases of Stevens Johnson syndrome or toxic epidermal necrolysis have been reported in patients treated with leflunomide. As soon as skin and/or mucosal reactions are observed which raise the suspicion of such severe reactions, Leflunomide Winthrop and any other possibly associated treatment must be

discontinued, and a leflunomide washout procedure initiated immediately. A complete washout is essential in such cases. In such cases re-exposure to leflunomide is contra-indicated (see section 4.3).

Infections

It is known that medicinal products with immunosuppressive properties - like leflunomide - may cause patients to be more susceptible to infections, including opportunistic infections. Infections may be more severe in nature and may, therefore, require early and vigorous treatment. In the event that severe, uncontrolled infections occur, it may be necessary to interrupt leflunomide treatment and administer a washout procedure as described below.

Rare cases of Progressive Multifocal Leucoencephalopathy (PML) have been reported in patients receiving leflunomide among other immunosuppressants.

Patients with tuberculin reactivity must be carefully monitored because of the risk of tuberculosis reactivation.

Respiratory reactions

Interstitial lung disease has been reported during treatment with leflunomide (see section 4.8). Interstitial lung disease is a potentially fatal disorder, which may occur acutely during therapy. Pulmonary symptoms, such as cough and dyspnoea, may be a reason for discontinuation of the therapy and for further investigation, as appropriate.

Blood pressure

Blood pressure must be checked before the start of leflunomide treatment and periodically thereafter.

Procreation (recommendations for men)

Male patients should be aware of the possible male-mediated foetal toxicity. Reliable contraception during treatment with leflunomide should also be guaranteed.

There are no specific data on the risk of male-mediated foetal toxicity. However, animal studies to evaluate this specific risk have not been conducted. To minimise any possible risk, men wishing to father a child should consider discontinuing use of leflunomide and taking colestyramine 8 g 3 times daily for 11 days or 50 g of activated powdered charcoal 4 times daily for 11 days.

In either case the A771726 plasma concentration is then measured for the first time. Thereafter, the A771726 plasma concentration must be determined again after an interval of at least 14 days. If both plasma concentrations are below 0.02 mg/l, and after a waiting period of at least 3 months, the risk of foetal toxicity is very low.

Washout procedure

Colestyramine 8 g is administered 3 times daily. Alternatively, 50 g of activated powdered charcoal is administered 4 times daily. Duration of a complete washout is usually 11 days. The duration may be modified depending on clinical or laboratory variables.

Lactose

Leflunomide Winthrop contains lactose. Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

4.5 Interaction with other medicinal products and other forms of interaction

Interactions studies have only been performed in adults.

Increased side effects may occur in case of recent or concomitant use of hepatotoxic or haematotoxic drugs or when leflunomide treatment is followed by such drugs without a washout period (see also guidance concerning combination with other treatments, section 4.4). Therefore, closer monitoring of liver enzymes and haematological parameters is recommended in the initial phase after switching.

In a small (n=30) study with co-administration of leflunomide (10 to 20 mg per day) with methotrexate (10 to 25 mg per week) a 2- to 3-fold elevation in liver enzymes was seen on 5 of 30 patients. All elevations resolved, 2 with continuation of both drugs and 3 after discontinuation of leflunomide. A more than 3-fold increase was seen in another 5 patients. All of these also resolved, 2 with continuation of both drugs and 3 after discontinuation of leflunomide.

In patients with rheumatoid arthritis, no pharmacokinetic interaction between the leflunomide (10 to 20 mg per day) and methotrexate (10 to 25 mg per week) was demonstrated.

It is recommended that patients receiving leflunomide are not treated with colestyramine or activated powdered charcoal because this leads to a rapid and significant decrease in plasma A771726 (the active metabolite of leflunomide; see also section 5) concentration. The mechanism is thought to be by interruption of enterohepatic recycling and/or gastrointestinal dialysis of A771726.

If the patient is already receiving nonsteroidal anti-inflammatory drugs (NSAIDs) and/or corticosteroids, these may be continued after starting leflunomide.

The enzymes involved in the metabolism of leflunomide and its metabolites are not exactly known. An in vivo interaction study with cimetidine (non-specific cytochrome P450 inhibitor) has demonstrated a lack of a significant interaction. Following concomitant administration of a single dose of leflunomide to subjects receiving multiple doses of rifampicin (non-specific cytochrome P450 inducer) A771726 peak levels were increased by approximately 40%, whereas the AUC was not significantly changed. The mechanism of this effect is unclear.

In vitro studies indicate that A771726 inhibits cytochrome P4502C9 (CYP2C9) activity. In clinical trials no safety problems were observed when leflunomide and NSAIDs metabolised by CYP2C9 were co-administered. Caution is advised when leflunomide is given together with drugs, other than NSAIDs, metabolised by CYP2C9 such as phenytoin, warfarin, phenprocoumon and tolbutamide.

In a study in which leflunomide was given concomitantly with a triphasic oral contraceptive pill containing 30 µg ethinyloestradiol to healthy female volunteers, there was no reduction in contraceptive activity of the pill, and A771726 pharmacokinetics were within predicted ranges.

Vaccinations

No clinical data are available on the efficacy and safety of vaccinations under leflunomide treatment. Vaccination with live attenuated vaccines is, however, not recommended. The long half-life of leflunomide should be considered when contemplating administration of a live attenuated vaccine after stopping Leflunomide Winthrop.

4.6 Pregnancy and lactation

Pregnancy

The active metabolite of leflunomide, A771726 is suspected to cause serious birth defects when administered during pregnancy. Leflunomide Winthrop is contraindicated in pregnancy (see section 4.3).

Women of childbearing potential have to use effective contraception during and up to 2 years after treatment (see "waiting period" below) or up to 11 days after treatment (see abbreviated "washout period" below).

The patient must be advised that if there is any delay in onset of menses or any other reason to suspect pregnancy, they must notify the physician immediately for pregnancy testing, and if positive, the physician and patient must discuss the risk to the pregnancy. It is possible that rapidly lowering the blood level of the active metabolite, by instituting the drug elimination procedure described below, at the first delay of menses may decrease the risk to the foetus from leflunomide.

In a small prospective study in women (n=64) who became inadvertently pregnant while taking leflunomide for no more than three weeks after conception and followed by a drug elimination procedure, no significant differences (p=0.13) were observed in the overall rate of major structural defects (5.4%) compared to either of the comparison groups (4.2 % in the disease matched group [n=108] and 4.2% in healthy pregnant women [n=78]).

For women receiving leflunomide treatment and who wish to become pregnant, one of the following procedures is recommended in order to ascertain that the foetus is not exposed to toxic concentrations of A771726 (target concentration below 0.02 mg/l):

Waiting period

A771726 plasma levels can be expected to be above 0.02 mg/l for a prolonged period. The concentration may be expected to decrease below 0.02 mg/l about 2 years after stopping the treatment with leflunomide.

After a 2-year waiting period, the A771726 plasma concentration is measured for the first time.

Thereafter, the A771726 plasma concentration must be determined again after an interval of at least 14 days. If both plasma concentrations are below 0.02 mg/l no teratogenic risk is to be expected.

For further information on the sample testing please contact the Marketing Authorisation Holder or its local representative (see section 7).

Washout procedure

After stopping treatment with leflunomide:

- colestyramine 8 g is administered 3 times daily for a period of 11 days,
- alternatively, 50 g of activated powdered charcoal is administered 4 times daily for a period of 11 days.

However, also following either of the washout procedures, verification by 2 separate tests at an interval of at least 14 days and a waiting period of one-and-a-half months between the first occurrence of a plasma concentration below 0.02 mg/l and fertilisation is required.

Women of childbearing potential should be told that a waiting period of 2 years after treatment discontinuation is required before they may become pregnant. If a waiting period of up to approximately 2 years under reliable contraception is considered unpractical, prophylactic institution of a washout procedure may be advisable.

Both colestyramine and activated powdered charcoal may influence the absorption of oestrogens and progestogens such that reliable contraception with oral contraceptives may not be guaranteed during the washout procedure with colestyramine or activated powdered charcoal. Use of alternative contraceptive methods is recommended.

Lactation

Animal studies indicate that leflunomide or its metabolites pass into breast milk. Breast-feeding women must, therefore, not receive leflunomide.

4.7 Effects on ability to drive and use machines

In the case of side effects such as dizziness the patient's ability to concentrate and to react properly may be impaired. In such cases patients should refrain from driving cars and using machines.

4.8 Undesirable effects

The most frequently adverse effects reported commonly ($\geq 1/100$ to $< 1/10$) with leflunomide are: mild increase in blood pressure, leucopenia, paraesthesia, headache, dizziness, diarrhoea, nausea, vomiting, oral mucosal disorders (e.g. aphthous stomatitis, mouth ulceration), abdominal pain, increased hair loss, eczema, rash (including maculo-papular rash), pruritus, dry skin, tenosynovitis, CPK increased, anorexia, weight loss (usually insignificant), asthenia, mild allergic reactions and elevation of liver parameters (transaminases (especially ALT), less often gamma-GT, alkaline phosphatase, bilirubin)).

Classification of expected frequencies:

Very common ($\geq 1/10$); common ($\geq 1/100$ to $< 1/10$); uncommon ($\geq 1/1,000$ to $< 1/100$); rare ($\geq 1/10,000$ to $< 1/1,000$); very rare ($< 1/10,000$), not known (cannot be estimated from the available data).

Within each frequency grouping, undesirable effects are presented in order of decreasing seriousness.

Infections and infestations

Rare: severe infections, including sepsis which may be fatal

Like other agents with immunosuppressive potential, leflunomide may increase susceptibility to infections, including opportunistic infections (see also section 4.4). Thus, the overall incidence of infections can increase (in particular of rhinitis, bronchitis and pneumonia).

Neoplasms benign, malignant and unspecified (incl. cysts and polyps)

The risk of malignancy, particularly lymphoproliferative disorders, is increased with use of some immunosuppressive agents.

Blood and lymphatic system disorders

Common: leucopenia (leucocytes > 2 G/l)

Uncommon: anaemia, mild thrombocytopenia (platelets < 100 G/l)

Rare: pancytopenia (probably by antiproliferative mechanism), leucopenia (leucocytes <2 G/l), eosinophilia
Very rare: agranulocytosis

Recent, concomitant or consecutive use of potentially myelotoxic agents may be associated with a higher risk of haematological effects.

Immune system disorders

Common: mild allergic reactions
Very rare: severe anaphylactic/anaphylactoid reactions, vasculitis, including cutaneous necrotizing vasculitis

Metabolism and nutrition disorders

Common: CPK increased
Uncommon: hypokalaemia, hyperlipidemia, hypophosphataemia
Rare: LDH increased
Not known: hypouricemia

Psychiatric disorders

Uncommon: anxiety

Nervous system disorders

Common: paraesthesia, headache, dizziness
Very rare: peripheral neuropathy

Cardiac disorders

Common: mild increase in blood pressure
Rare: severe increase in blood pressure

Respiratory, thoracic and mediastinal disorders

Rare: interstitial lung disease (including interstitial pneumonitis), which may be fatal

Gastrointestinal disorders

Common: diarrhoea, nausea, vomiting, oral mucosal disorders (e.g., aphthous stomatitis, mouth ulceration), abdominal pain
Uncommon: taste disturbances
Very rare: pancreatitis

Hepatobiliary disorders

Common: elevation of liver parameters (transaminases [especially ALT], less often gamma-GT, alkaline phosphatase, bilirubin)
Rare: hepatitis, jaundice/cholestasis
Very rare: severe liver injury such as hepatic failure and acute hepatic necrosis that may be fatal

Skin and subcutaneous tissue disorders

Common: increased hair loss, eczema, rash (including maculopapular rash), pruritus, dry skin
Uncommon: urticaria
Very rare: toxic epidermal necrolysis, Stevens-Johnson syndrome, erythema multiforme

Musculoskeletal and connective tissue disorders

Common: tenosynovitis
Uncommon: tendon rupture

Renal and urinary disorders

Not known: renal failure

Reproductive system and breast disorders

Not known: marginal (reversible) decreases in sperm concentration, total sperm count and rapid progressive motility

General disorders and administration site conditions

Common: anorexia, weight loss (usually insignificant), asthenia

4.9 Overdose

Symptoms

There have been reports of chronic overdose in patients taking Leflunomide Winthrop at daily doses up to five times the recommended daily dose, and reports of acute overdose in adults and children. There were no adverse events reported in the majority of case reports of overdose. Adverse events consistent with the safety profile for leflunomide were: abdominal pain, nausea, diarrhoea, elevated liver enzymes, anaemia, leucopenia, pruritus and rash.

Management

In the event of an overdose or toxicity, colestyramine or charcoal is recommended to accelerate elimination. Colestyramine given orally at a dose of 8 g three times a day for 24 hours to three healthy volunteers decreased plasma levels of A771726 by approximately 40% in 24 hours and by 49% to 65% in 48 hours.

Administration of activated charcoal (powder made into a suspension) orally or via nasogastric tube (50 g every 6 hours for 24 hours) has been shown to reduce plasma concentrations of the active metabolite A771726 by 37% in 24 hours and by 48% in 48 hours. These washout procedures may be repeated if clinically necessary.

Studies with both hemodialysis and CAPD (chronic ambulatory peritoneal dialysis) indicate that A771726, the primary metabolite of leflunomide, is not dialysable.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: selective immunosuppressants, ATC code: L04AA13.

Human pharmacology

Leflunomide is a disease-modifying anti-rheumatic agent with antiproliferative properties.

Animal pharmacology

Leflunomide is effective in animal models of arthritis and of other autoimmune diseases and transplantation, mainly if administered during the sensitisation phase. It has immunomodulating/ immunosuppressive characteristics, acts as an antiproliferative agent, and displays anti-inflammatory properties. Leflunomide exhibits the best protective effects on animal models of autoimmune diseases when administered in the early phase of the disease progression.

In vivo, it is rapidly and almost completely metabolised to A771726 which is active in vitro, and is presumed to be responsible for the therapeutic effect.

Mode of action

A771726, the active metabolite of leflunomide, inhibits the human enzyme dihydroorotate dehydrogenase (DHODH) and exhibits antiproliferative activity.

Rheumatoid arthritis

The efficacy of Leflunomide Winthrop in the treatment of rheumatoid arthritis was demonstrated in 4 controlled trials (1 in phase II and 3 in phase III). The phase II trial, study YU203, randomised 402 subjects with active rheumatoid arthritis to placebo (n=102), leflunomide 5 mg (n=95), 10 mg (n=101) or 25 mg/day (n=104). The treatment duration was 6 months.

All leflunomide patients in the phase III trials used an initial dose of 100 mg for 3 days.

Study MN301 randomised 358 subjects with active rheumatoid arthritis to leflunomide 20 mg/day (n=133), sulphasalazine 2 g/day (n=133), or placebo (n=92). Treatment duration was 6 months. Study MN303 was an optional 6-month blinded continuation of MN301 without the placebo arm, resulting in a 12-month comparison of leflunomide and sulphasalazine.

Study MN302 randomised 999 subjects with active rheumatoid arthritis to leflunomide 20 mg/day (n=501) or methotrexate at 7.5 mg/week increasing to 15 mg/week (n=498). Folate supplementation was optional and only used in 10% of patients. Treatment duration was 12-months.

Study US301 randomised 482 subjects with active rheumatoid arthritis to leflunomide 20 mg/day (n=182), methotrexate 7.5 mg/week increasing to 15 mg/week (n=182), or placebo (n=118). All patients received folate 1 mg bid. Treatment duration was 12 months.

Leflunomide at a daily dose of at least 10 mg (10 to 25 mg in study YU203, 20 mg in studies MN301 and US301) was statistically significantly superior to placebo in reducing the signs and symptoms of rheumatoid arthritis in all 3 placebo-controlled trials. The ACR (American College of Rheumatology) response rates in study YU203 were 27.7% for placebo, 31.9% for 5 mg, 50.5% for 10 mg and 54.5% for 25 mg/day. In the phase III trials, the ACR response rates for leflunomide 20 mg/day vs. placebo were 54.6% vs. 28.6% (study MN301), and 49.4% vs. 26.3% (study US301). After 12 months with active treatment, the ACR response rates in leflunomide patients were 52.3% (studies MN301/303), 50.5% (study MN302) and 49.4% (study US301), compared to 53.8% (studies MN301/303) in sulphasalazine patients, 64.8% (study MN302), and 43.9% (study US301) in methotrexate patients. In study MN302 leflunomide was significantly less effective than methotrexate. However, in study US301 no significant differences were observed between leflunomide and methotrexate in the primary efficacy parameters. No difference was observed between leflunomide and sulphasalazine (study MN301). The leflunomide treatment effect was evident by 1 month, stabilised by 3 to 6 months and continued throughout the course of treatment.

A randomised, double-blind, parallel-group non-inferiority study compared the relative efficacy of two different daily maintenance doses of leflunomide, 10 mg and 20 mg. From the results it can be concluded that efficacy results of the 20 mg maintenance dose were more favourable, on the other hand, the safety results favoured the 10 mg daily maintenance dose.

Paediatrics

Leflunomide was studied in a single multicenter, randomized, double-blind, active-controlled trial in 94 patients (47 per arm) with polyarticular course juvenile rheumatoid arthritis. Patients were 3–17 years of age with active polyarticular course JRA regardless of onset type and naive to methotrexate or leflunomide. In this trial, the loading dose and maintenance dose of leflunomide was based on three weight categories: <20 kg, 20-40 kg, and >40 kg. After 16 weeks treatment, the difference in response rates was statistically significant in favour of methotrexate for the JRA Definition of Improvement (DOI) 30% (p=0.02). In responders, this response was maintained during 48 weeks (see section 4.2).

The pattern of adverse events of leflunomide and methotrexate seems to be similar, but the dose used in lighter subjects resulted in a relatively low exposure (see section 5.2). These data do not allow an effective and safe dose recommendation.

Psoriatic arthritis

The efficacy of Leflunomide Winthrop was demonstrated in one controlled, randomised, double blind study 3L01 in 188 patients with psoriatic arthritis, treated at 20 mg/day. Treatment duration was 6 months.

Leflunomide 20 mg/day was significantly superior to placebo in reducing the symptoms of arthritis in patients with psoriatic arthritis: the PsARC (Psoriatic Arthritis treatment Response Criteria) responders were 59% in the leflunomide group and 29.7% in the placebo group by 6 months (p<0.0001). The effect of leflunomide on improvement of function and on reduction of skin lesions was modest.

5.2 Pharmacokinetic properties

Leflunomide is rapidly converted to the active metabolite, A771726, by first-pass metabolism (ring opening) in gut wall and liver. In a study with radiolabelled ¹⁴C-leflunomide in three healthy volunteers, no unchanged leflunomide was detected in plasma, urine or faeces. In other studies, unchanged leflunomide levels in plasma have rarely been detected, however, at ng/ml plasma levels. The only plasma-radiolabelled metabolite detected was A771726. This metabolite is responsible for essentially all the in vivo activity of Leflunomide Winthrop.

Absorption

Excretion data from the ¹⁴C study indicated that at least about 82 to 95% of the dose is absorbed. The time to peak plasma concentrations of A771726 is very variable; peak plasma levels can occur between 1 hour and 24 hours after single administration. Leflunomide can be administered with food, since the extent of absorption is comparable in the fed and fasting state. Due to the very long half-life of A771726 (approximately 2 weeks), a loading dose of 100 mg for 3 days was used in clinical studies to facilitate the rapid attainment of steady-state levels of A771726. Without a loading dose, it is estimated that attainment of steady-state plasma concentrations would require nearly two months of dosing. In multiple dose studies in patients with rheumatoid arthritis, the pharmacokinetic parameters of A771726 were linear over the dose range of 5 to 25 mg. In these studies, the clinical effect was closely related to the plasma concentration of A771726 and to the daily dose of leflunomide. At a dose level of 20 mg/day, average plasma concentration of A771726 at steady state is approximately 35 µg/ml. At steady state plasma levels accumulate about 33- to 35-fold compared with single dose.

Distribution

In human plasma, A771726 is extensively bound to protein (albumin). The unbound fraction of A771726 is about 0.62%. Binding of A771726 is linear in the therapeutic concentration range. Binding of A771726 appeared slightly reduced and more variable in plasma from patients with rheumatoid arthritis or chronic renal insufficiency. The extensive protein binding of A771726 could lead to displacement of other highly-bound drugs. In vitro plasma protein binding interaction studies with warfarin at clinically relevant concentrations, however, showed no interaction. Similar studies showed that ibuprofen and diclofenac did not displace A771726, whereas the unbound fraction of A771726 is increased 2- to 3-fold in the presence of tolbutamide. A771726 displaced ibuprofen, diclofenac and tolbutamide but the unbound fraction of these drugs is only increased by 10% to 50%. There is no indication that these effects are of clinical relevance. Consistent with extensive protein binding A771726 has a low apparent volume of distribution (approximately 11 litres). There is no preferential uptake in erythrocytes.

Metabolism

Leflunomide is metabolised to one primary (A771726) and many minor metabolites including TFMA (4-trifluoromethylaniline). The metabolic biotransformation of leflunomide to A771726 and subsequent metabolism of A771726 is not controlled by a single enzyme and has been shown to occur in microsomal and cytosolic cellular fractions. Interaction studies with cimetidine (non-specific cytochrome P450 inhibitor) and rifampicin (non-specific cytochrome P450 inducer), indicate that in vivo CYP enzymes are involved in the metabolism of leflunomide only to a small extent.

Elimination

Elimination of A771726 is slow and characterised by an apparent clearance of about 31 ml/hr. The elimination half-life in patients is approximately 2 weeks. After administration of a radiolabelled dose of leflunomide, radioactivity was equally excreted in faeces, probably by biliary elimination, and in urine. A771726 was still detectable in urine and faeces 36 days after a single administration. The principal urinary metabolites were glucuronide products derived from leflunomide (mainly in 0 to 24 hour samples) and an oxanilic acid derivative of A771726. The principal faecal component was A771726.

It has been shown in man that administration of an oral suspension of activated powdered charcoal or colestyramine leads to a rapid and significant increase in A771726 elimination rate and decline in plasma concentrations (see section 4.9). This is thought to be achieved by a gastrointestinal dialysis mechanism and/or by interrupting enterohepatic recycling.

Pharmacokinetics in renal failure

Leflunomide was administered as a single oral 100 mg dose to 3 haemodialysis patients and 3 patients on continuous peritoneal dialysis (CAPD). The pharmacokinetics of A771726 in CAPD subjects appeared to be similar to healthy volunteers. A more rapid elimination of A771726 was observed in haemodialysis subjects which was not due to extraction of drug in the dialysate.

Pharmacokinetics in liver failure

No data are available regarding treatment of patients with hepatic impairment. The active metabolite A771726 is extensively protein bound and cleared via hepatic metabolism and biliary secretion. These processes may be affected by hepatic dysfunction.

Pharmacokinetics in paediatrics

The pharmacokinetics of A771726 following oral administration of leflunomide have been investigated in 73 paediatric patients with polyarticular course Juvenile Rheumatoid Arthritis (JRA) who ranged in age from 3 to 17 years. The results of a population pharmacokinetic analysis of these trials have demonstrated that paediatric patients with body weights ≥ 40 kg have a reduced systemic exposure (measured by C_{ss}) of A771726 relative to adult rheumatoid arthritis patients (see section 4.2).

Pharmacokinetics in elderly

Pharmacokinetic data in elderly (>65 years) are limited but consistent with pharmacokinetics in younger adults.

5.3 Preclinical safety data

Leflunomide, administered orally and intraperitoneally, has been studied in acute toxicity studies in mice and rats. Repeated oral administration of leflunomide to mice for up to 3 months, to rats and dogs for up to 6 months and to monkeys for up to 1 month's duration revealed that the major target organs for toxicity were bone marrow, blood, gastrointestinal tract, skin, spleen, thymus and lymph nodes. The main effects were anaemia, leucopenia, decreased platelet counts and pancytopenia and reflect the basic mode of action of the compound (inhibition of DNA synthesis). In rats and dogs, Heinz bodies and/or Howell-Jolly bodies were found. Other effects found on heart, liver, cornea and respiratory tract could be explained as infections due to immunosuppression. Toxicity in animals was found at doses equivalent to human therapeutic doses.

Leflunomide was not mutagenic. However, the minor metabolite TFMA (4-trifluoromethylaniline) caused clastogenicity and point mutations in vitro, whilst insufficient information was available on its potential to exert this effect in vivo.

In a carcinogenicity study in rats, leflunomide did not show carcinogenic potential. In a carcinogenicity study in mice an increased incidence of malignant lymphoma occurred in males of the highest dose group, considered to be due to the immunosuppressive activity of leflunomide. In female mice an increased incidence, dose-dependent, of bronchiolo-alveolar adenomas and carcinomas of the lung was noted. The relevance of the findings in mice relative to the clinical use of leflunomide is uncertain.

Leflunomide was not antigenic in animal models.

Leflunomide was embryotoxic and teratogenic in rats and rabbits at doses in the human therapeutic range and exerted adverse effects on male reproductive organs in repeated dose toxicity studies. Fertility was not reduced.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Tablet core:

Leflunomide Winthrop 10mg film-coated tablets: Maize starch, Povidone (E1201), Crospovidone (E1202), Silica colloidal anhydrous, Magnesium stearate (E470b), Lactose monohydrate

Leflunomide Winthrop 20mg film-coated tablets: Maize starch, Povidone (E1201), Crospovidone (E1202), Silica colloidal anhydrous, Magnesium stearate (E470b), Lactose monohydrate

Film-coating:

Leflunomide Winthrop 10mg film-coated tablets: Talc (E553b), Hypromellose (E464), Titanium dioxide (E171), Macrogol 8000

Leflunomide Winthrop 20mg film-coated tablets: Talc(E553b), Hypromellose (E464), Titanium dioxide (E171), Macrogol 8000, Yellow ferric oxide (E172)

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

3 years.

6.4 Special precautions for storage

Blister: Store in the original package.

Bottle: Keep the container tightly closed.

6.5 Nature and contents of container

Leflunomide Winthrop 10mg and Leflunomide Winthrop 20mg film-coated tablets:

Bottle: 100 ml HDPE-wide-necked bottle, with screw cap with integrated desiccant container, containing 30 film-coated tablets.

6.6 Special precautions for disposal

No special requirements.

7. MARKETING AUTHORISATION HOLDER

Sanofi-Aventis Deutschland GmbH
D-65926 Frankfurt am Main
Germany

8. MARKETING AUTHORISATION NUMBER(S)

Leflunomide Winthrop 10mg film-coated tablets: *EU/1/09/604/001*
Leflunomide Winthrop 20mg film-coated tablets: *EU/1/09/604/005*

9. DATE OF FIRST AUTHORISATION / RENEWAL OF THE AUTHORISATION

Date of first authorisation: 08 January 2010

10. DATE OF REVISION OF THE TEXT

23 March 2010

Legal category: POM

Detailed information on this medicinal product is available on the website of the European Medicines Agency (EMA) <http://www.emea.europa.eu/>.